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Russian Teams Sweep World Cup Walks

Turin, Italy, October 12-13--The World Cup of Racewalking came to Turin for its 20th edition and it was a Russian holiday. The strong Russian team stormed to victories in all three races--20 Km for men and women, 50 Km for men. While they won only one of the individual titles, they packed their three scorers near the front in all three events and were walk-away team winners in all but the men's 20, where a tight team race with Mexico deteriorated with key DQs in the last 5 Km.

Individually, Ecuador's Jefferson Perez returned to the top with a strong performance in the men's 20, Erica Alfridi excited the home fans with her stretch drive to win the women's 20, and Russia's Aleksey Voyevodin completely dominated the 50 in the absence of Robert Korzeniowski.

The World Cup was first held in 1961 in Lugano, Switzerland and has been held at 2-year intervals since, with three exceptions. The last edition was in 1999 and with an adjustment in the International schedule, this edition was moved from 2001 to 2002. There were also 3-year intervals from 1967 to 1970 and 1970 to 1973. The women were added to this competition in 1979, but prior to that there had been separate Women's races annually since 1968. The idea has always been a team competition--originally teams qualified from earlier zone competitions. In 1999, team scoring changed from a system we won't attempt to describe here, to a cross-country system--low score wins based on the finish of the top three walkers from each team. Individual entries were allowed for the first time this year, but the emphasis is still on the team outcome.

The men's 20 Km competition went off first on Satruday morning in very hot, sunny conditions, following 3 days of rain. The heat resulted in a rather conservative start with the lead pack, headed by Tunisia's Hatem Ghoula, going through the first 5 Km in 20:21. There were 21 walkers within 5 seconds of each other at that point, including all five Russians and all five Mexicans, the teams that would apparently fight it out for the team title.

The pace slowed slightly over the next 5, as five walkers, led by Italy's Alessandro Gandellini, went through in 40:57. But even at that, six walkers had dropped off the lead pack, including Mexico's Cristian Berdeja, who was an early DQ. Perez was in seventh, a second off the lead, and just ahead of Russia's Roman Rasskazov, ranked number one in the world in 2001. Russians were 2,3,6, and 8, and Mexicans 4,5,9, and 12 in the tight team battle.

By 15 Km, a group of six was beginning to break away, although the pace had remained about the same. The order as the six went by 15 in 1:01:28 was Vladimir Andreyev, Russia; Perez; Jose Cambil, Spain; Rassakazov; Alejandro Lopez, Mexico; and Claudio Vargas, Mexico. Noe Hernandez, Mexico was struggling to hang on at 1:01:34 and Gandellini in 1:01:41 was 5 seconds ahead of Russia's Andre Stadnichuk. The rest of the field was stringing out quickly. Viktor Burayev, last year's World number two, had dropped out, but the Russians still had a slight edge on Mexico, with both having three walkers in the first nine.

The pace quickened, but there were still five within a meter as the final 2 Km lap began. At that point, Rasskazov moved ahead and tried to make a break. Perez went with him and Andreyev struggled to stay up. The other two were gone within 400 meters. Rasskazov built a 5 meter lead with a kilometer to go, but, his effort carried him off the ground and onto the sidelines, as he was given his third red card. With two of the Mexicans, Vargas and Omar Segura, also DQd

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Perez had clear sailing to the gold, covering his final 5 km in 19:58 and finishing 24 seconds ahead of Andreyev in 1:21:26. Spain's Cambril thought he had the bronze crossing the line, only to find he too had been DQd. Thus, Lopez moved up to third well clear of teammate Noe Hernandez. But with only these two finishers to go with their three DQs, the Mexicans were out of the team race with no score. A strong finish by veteran Yevgeniy Misyulya, who moved from 14th at 15 Km to fifth at the finish, brought Belarus within six points of Russia in the team race.

Perez, the 1996 Olympic Champion, got his first major gold medal since the 1997 World Championships. He was second in the 1999 World Championships and fourth in the 2000 Olympics. He came back at last year's World Championhips after taking 9 months off following the Olympics, but off only 5 weeks serious training finished eighth. Now, he is all the way back After today's race he said: "The circuit was tiring and my legs suffered. I really wanted to win, but I was not sure until I saw that Rasskazov was disqualified." He pulled his team to a very surprising fourth place finish, with three teammates also under 1:30. Ecuador has been all Perez in the past.

Andreyev got his second silver of the year, having finished behind Spain's Francisco Fernandez at the European Championships. He was third in 2000 Olympics. Fernandez, who also broke the World Record earlier in the year, did not compete here, citing fatigue after a long season and a need to regain his strength for next season.

It was not a good day for the U.S. Only Kevin Eastler had a good race as he finished 31st in 1:28:18, moving up from 37th at 15 Km. Sean Albert was 51st in 1:32:08, an average race for him. John Nunn had to drop out early and Theron Kissinger and Matt Boyles were not up to their best. These performances resulted in a twelfth place team finish. A problem for all was the course itself, which consisted of many types of cobblestones with good footing impossible to find. This, along with the heat, affected the times of all the athletes, as the leaders, too, were well off their usual performances.

The women's 20 started while some of the backmarkers in the men's race were still finishing. However, the sun had gone under so it was somewhat cooler for the women to start. But, the sun was shining for the Italians as Alfridi, often a strong contender, finally broke through with a win in a major international.

The women also had a fairly conservative start with the lead pack going through 5 Km in 22:17. The pack consisted of 18 walkers over a 6-second interval, with Italy's Elisabetta Perrone and Alfridi leading the way, to the delight of the crowd. Four Russians were right behind them, as the Russian team quickly established their dominance.

The pace quickened as Olimpiada Ivanova took the lead at 10 Km in 44:33, with the lead pack now down to 10. Alfridi was tucked into fourth, right on Ivanova's heels. With four in the first 11, Russia was still in control as a team.

The pace remained steady, but at 15 Km, reached in 1:06:48, there were now just five contenders—Russia's Yelena Nikolayeva; Norway's Kjersti Platzer, Russia's Natalya Fedoskina; Alfridi, and Ivanova. Romania's Claudia Stef was dropping away at 1:06:57, fives seconds of Valentian Tsybulskaya. No one else was close.

As the final kilometer started, the race was between Ivanova, Alfridi, and Fedoskina. Alfridi had two red cards in the first 8 km, but had kept her head and now appeared very smooth.

Ivanova made the first move and slowly inched away with Fedoskina barely hanging on behind Alfridi. But Alfridi was not to be denied getting back in contact with Ivanova and finally managing to move clear over the final 50 meters. Her 1:28:55 put her two seconds ahead of Ivanova, who had another 2 seconds on Fedoskina. A fourth place finish by Nikolayeva gave the Russians an overwhelming team victory.

Alfridi just missed medals four times in the past with fourths at the 2001 World Championships, the 2000 Olympics, the 1997 World Cup, and the 1997 World Championships. She finally broke through earlier this year with a third in the European Championships, won by Ivanova. "I want to be in good shape for Athens (2004 Olympics) and will continue in a sport I'm passionate about", said Alfridi. "I never thought I had the race won even though I was in good form. I had to hold back all the time and was surprised it wasn't a faster race." Her pace was almost metronomic with 5 Km splits of 22:17, 22:16, 22:15, and 22:07.

Ivanova was the dominant walker in 2001 with a Euro Cup win, World Championship win, and world record and was certainly the favorite here off her commanding European championship performance. After the race, she said: "It's been a long season and Alfridi was always going to be a strong contender, but we knew we would be good enough to get gold for the team."

Teresa Vaill walked an intelligent race and was moving through the field, but displeased the judges enough that she was DQd somewhere during the final 5. At 5 Km, she was in 42nd place with a 23:11. A 46:38 at 10 moved her to 32nd and she advanced to 26th by 15 Km, which she passed in 1:10:28. Joanne Dow finished 50th in 1:41:00, four spots ahead of Susan Armenta, who had 1:42:14. Jill Cobb was going well for the first 5 Km, but was hobbling on a bad leg the rest of the way. She struggled through a final 5 in nearly 30 minutes, but insisted on finishing so the team would get a score. (Amber Antonia had to stop at about 8.5 km with an ailing knee.) The team wound up in 14th place.

On Sunday morning, the 50 Km walkers were on the starting line for what turned out to be a non-race as far as the individual gold went. Robert Korzeniowski had decided his season was over, not wanting to do another 50 after his world best in winning the European Championships. Thus, Euro runner-up, Aleksey Voyovedin moved into the favorite's role and played the role brilliantly.

The only hint of a challenge came from Russia's German Skurygin who stayed within 4 seconds of his teammate over the first 5 Km, which Voyevodin covered in 22:35, a rather leisurely pace in today's world (it would yield a 3:45:50 for the full distance). But even at that, no one else was interested and Spain's great veteran Jesus Garcia and Poland's Tomasz Lipiec at 23:12 led a pursuing pack of 14 walkers.

Voyovedin increased the pace slightly to reach 10 Km in 44:38, but to all intents the race was already over. Skurygin followed in 45:10 and Lipiec led a pack of nine others in 45:35. Skurygin, who won the 1999 World Championship only to have his gold taken away two years later when a positive result on a doping test from that 1999 race was confirmed. He was given a two-year suspension as a result and some questioned how he could then be competing here. It turns out that he had not competed in the two years that the charge was pending and under the rules as written then, that served as his two-year suspension. That loophole in the rules has now been closed so similar cases will not occur in the future. Back to the race.

Voyovedin continued to accelerate slightly, walking the next 10 under 44:00 to reach 20 Km in 1:28:35 with a full minute lead on his teammate, Skurygin. Another Russian, Nikolay Matyukhin, now led the pack, down to seven walkers, as they went through in 1:30:00. Besides Lipiec and Garcia, this pack included Aigars Fadejevs, Latvia; Luis Garcia, Guatamala; Vladimir Potemin, Russia; and Stepan Yudin, Russia. A Mexican trio of Miguel Rodriquez, Edgar Hernandez, and Omar Zepeda were together with Latvia's Modris Liepins another 11 seconds back.

Skurygin managed to pick up the pace slightly and was within 56 seconds as Voyovedin passed 30 Km in 2:12:30. Luis Garcia and Yudin had dropped off the following group, who were now 64 seconds behind Skurygin. Garcia followed them by 24 seconds, but had nearly a minute on Yudin with the rest now well strung out. Voyovedin continued to hold his pace at just under 44 minutes per 10 Km and Skurygin could not continue his surge. Reaching 40 in 2:56:28, Voyovedin had 70 seconds on Skurygin, with Lipiec another 1:24 back and Garcia 22 seconds back of him. Matukhin trailed Garcia by 37 seconds and led Fadejevs by 26 seconds. So the only race seemed to be for third. Garcia settled that issue, picking up his third red card during the next 5 Km.

Thus, with 5 Km to go, the top three needed only to maintain their form to cop the medals. Skurygin trailed by 74 seconds, but led Lipiec by 2:06, with Matyukhin another 1:32 back. Voyovedin won in 3:40:59, doing 1:50:32 for the first half and 1:50:27 for the second, and never being seriously challenged. Skurygin managed to gain 5 seconds over the final 5. Otherwise, the gaps continued to grow over that final stage. By the finish, Yudin in fifth was more than 10 minutes in back of the winner. Yudin had dropped back to 13th at 40 Km, but finished with a 46:06 to pass several walkers. Strong moves were also made by Denis Langlois of France, who moved from 12th to sixth over the final 10 Km, and Francisco Pinardo of Spain, who went from 14th to ninth in the same stretch. All these moves were aided by the DQ to Jesus Garcia, DNFs by Aigars Fadejevs and Omar Zepeda, and the near collapse of Vlademir Potemin, who needed more than 55 minutes to negotiate the final 10, dropping from seventh to 17th.

Russia controlled the team race throughout and finished 52 points ahead of France, occupying four of the first five spots at the finish. Only Poland's Lipiec in third prevented a sweep. The Pole, who has been ranked as high as fifth in the world, has walked in the shadow of Korzeniowski throughout his career, but proved himself here with a medal of his own.

Voyovedin reviewed his victory, "It was very hard to race 50 Km for the third time this year, but it's a very good finish for the season. In Munich, my second was a birthday present to myself. This time it's for my wife whose birthday will be in four days and the \$30,000 for the individual win topped with a share of the team prize of \$15,000 will be very gratefully received. I had no tactics for this race other than to walk 3:40, which I thought would win."

Philip Dunn also made a strong move, walking a very steady race to finish 13th in a personal best 3:56:13. Walking a steady pace through 40 Km, he moved from 30th at 10 to 21st at 20, 19th at 30, and 17th at 40. Although slowing to just under 50 minutes on his final 10, he moved up another four spots with the help of DQs and dropouts. Otherwise, the day was not too kind to the U.S. Curt Clausen, who had hoped to matach his 1999 World Championship bronze, or even better, was slowed in his training all year by injuries and then had a bronchitis attack two days before the race. He tried to stay with the pack and was seventh at 10 and 16th at 20 in 1:32:10, but was not able to breath and had to call it a day. Tim Seaman, battling a gimpy knee for months, walked well for 25 Km, where he had a 1:58:31, but had to drop out at 40, when he was barely able to walk, having taken 65 minutes for his last 10. John Soucheck, added to the team when Al Heppner had to drop off, was on pace to better his Trials time by several minutes, but could hardly stand straight to walk over the final 15. He was still just 5 minutes slower than in the Trials. The inexperienced Steve Quirke was fighting with his form and probably his nerves and was DQd at 12 Km. So, with just two finishers, the U.S. did not get a team score.

The Results:

Women's 20 Km: 1. Erica Alfridi, Italy 1:28:55 (22:17, 44:33, 1:06:48) 2. Olimpiada Ivanova, Russia 1:28:57 (22:17, 44:33, 1:06:48) 3. Natalya Fedoskina, Russia 1:28:59 (22:18, 44:34, 1:06:48) 4. Yelena Nikolayeva, Russia 1:29:12 (22:17, 44:48, 1:06:48) 5. Kjersti Platzer, Norway 1:29:25 (22:19, 44:34, 1:06:48) 6. Claudia Stef, Romania 1:30:05 (22:19, 44:34, 1:06:57) 7.

Valentia Tsbulskaya, Belarus 1:30:37 (22:21, 44:33, 1:07:03) 8. Maria Vasco, Spain 1:30:57 (22:18, 44:34, 1:07:20) 9. Rossella Giordano, Italy 1:31:10 (22:20, 44:33, 1:07:20) 10. Norica Cimpean, Romania 1:31:41 (22:19, 44:34, 1:07:25) 11. Nadezhda Ryashkina, Russia 1:32:27 (22:20, 45:04, 1:07:25) 12. Maria de Rosario Sanchez, Mexico 1:32:47 (22:23, 45:06, 1:08:16) 13. Andrea Meloni, Germany 1:32:48 (23:30, 46:29, 1:09:36) 14. Susana Feitor, Portugal 1:32:57 (22:48, 45:42, 1:09:15) 15. Olga Kardopoltseva, Belarus 1:33:19 (22:40, 45:47, 1:09:08) 16. Elisa Rigaudo, Italy 1:33:38 17. Victoria Palacios, Mexico 1:34:06 18. Kristina Saltanovic, Lithuania 1:34:26 19. Beatriz Pascual, Spain 1:34:28 20. Gisella Orsini, Italy 1:34:37 21. Lyudmila Yefimkina, Russia 1:34:58 22. Laris Khmelnitskaya, Belarus 1:35:17 23. Ines Henriques, Port. 1:35:28 24. Jane Saville, Australia 1:35:35 25. Melanie Seeger, Germany 1:35:37 26. Daniela Cirlan, Romania 1:35:38 27. Na Shi, China 1:35:38 28. Maria Graciela Sanchez, Mexcico 29. Chunfang Sun, China 1:36:01 30. Aihui Xu, China 1:36:25 31. Geovana Irusta, Bolivia 1;36:27 32. Maya Sazonova, Kazakhstan 1:36:35 33. Vira Zozulya, Ukriane 1:36:42 34. Ana Maria Groza, Rom 1:36:43 35. Sonata Milusauskaite, Lith. 1:36:48 36. Vera Santos, Port. 1:37:18 38. Eva Perez, Spain 1:37:52 39. Maria Mendoza, Mexico 1:37:58 40. Maribel Goncalves, Port. 1:38:11 41. Fatiha Ouali, France 1:38:53 42. Sylwia Korzeniowska, Poland 1:39:18 43. Sofia Avoila, Port. 1;39:26 44. Teresita Collado, Guatamala 1;39:27 45. Olena Miroshynchneko, Ukraine 1:39:46 46. Rocio Florido, Spain 1:39:48 47. Zuzana Malikova, Slovakia 1:39:50 48. Edina Fustik, Hungary 1:40:02 49. Monica Svensson, Sweden 1:40:50 50. Joanne Dow, USA 1:41:00 (24:08, 48:58, 1:14:25) 51. Nagawa Ibrahim Ali, Egypt 1:41:08 52. Yelena Kuznetsova, Kaz. 1:41:32 53. Barbora Dibelkova, Czech. 1:41:44 54. Susan Armenta, USA 1:42:14 (24:17, 49:26, 1:15:31) 55. Gabrielle Gorst, New Zealand 1:43:00. . . 69. Jill Cobb, USA 1:47:35 (24:42, 50:21, 1:17:57). 79 finishers, 10 DNFs (including Amber Antonia, USA--24:15, Gillian O'Sullivan, Ireland-22:18, and Elisabetta Perrone, Italy-22:17, 45:02, the latter two definite contenders going in off fourth and sixth place finishes in the European Championships.), and 6 DQs, including Teresa Vaill, USA (23:11, 46:38, 1:10:28). Teams: 1. Russia 9 2. Italy 26 3. Romania 42 4. Belaraus 44 5. Mexico 57 6. Spain 64 7. Portugal 73 8. China 86 9. Germany 111 10. Ukraine 134 11. Norway 136 12. France 168 13. Poland 168 14. Unites States 173 15. Hungary

Men's 20 Km: 1. Jefferson Perez, Ecuador, 1:21:26 (20:21, 40:58, 1;01:28) 2. Vladimir Andreyev, Russia 1:21:50 (20:21, 40:57, 1:01:28) 3. Alejandro Lopez, Mexico 1:22:01 (20:22, 40:58, 1:01:28) 4. Noe Hernandez, Mexico 1:22:52 (20:22, 40:58, 1:01:28) 5. Yevgeniy Misyulya, Belarus 1:23:07 (20:25, 40:58, 1:02:11) 6. Andrey Stadnichuk, Russia 1:23:07 (20:22, 40:58, 1:01:46) 7. Alessandro, Italy 1:23:18 (20:22, 40:57, 1:01:41) 8. Juan Manuel Molina, Spain 1:23:46 (20:25, 40:59, 1:01:54) 9. Ghoula Hatem, Tunisia 1:23:49 (20:21, 40:58, 1:01:58) 10. Artur Meleshkevich, Belarus 1:23:57 (20:22, 40:58, 1:01:46) 11. Joao Vieira, Portugal 1:24:13 (20:57, 42:00, 1:02:58) 12. Lorenzo Civallero, Italy 1:24:22 ((20:23, 41:12, 1:02:36) 13. Ivan Trotskiy, Belarus 1:24:29 (20:22, 40:58, 1:02:18) 14. Jiri Malysa, Czech Rep. 1:25:34 (20:23, 41:54, 1:03:39) 15. Marco Giungi, Italy 1:25:42 (20:21, 41:11, 1:03:03) 16. Demyon Lovkin, Russia 1;26:22 17. Enrico Italy 1:26:25 18. Cristian Munoz, Chile 1:26:29 19. Shigang Wang, China 1;26:30 20. Jiri Masita, Czec 1:26:43 21. Hong XZhang, CHina 1:26:53 22. Augusto Cardoso, Port. 1:27:07 23. Yu Wang, China 1:27:12 24. Andre Hohne, Germany 1:27:17 25. Fredy Harnandez, Clumbia 1:27:23 26. Fausto Quinde, Ecuador 1:27:33 27. Milos Batovsky, Slovakia 1:27:38 28. Alfio Corsaro, Italy 1:27:49 29. Peter Barto, Slovakia 1:27:59 30. Jose Dominguez, Spain 1:28:04 31. Kevin Eastler, USA 1:28:18 (21:30, 43:29, 1:05:40) 32. Werner Frank, Germany 1:28:50 33. Kamil Kalka, Poland 1:29:05 34. Andres Chocho, Ecuador 1:29:09 35. Peter Korcok, Slovakia 1:29:12 36. Trond Nymark, Norway 1:29:16 37. Janos Toth, Hungary 1:29:18 38. Eiichi Yoshizawa, Japan 1:29:23 39. Colin Griffin Ireland 1:29:37 40. Xavier Moreno, Columbia 1:29:54 41. Tianping Zhang, China 1:29:56 42. Beniamin K;ucinski,

Poland 1:29:58 43. Sergio Galdino, Brazil 1:30:05 44. Jose Gonzalez, Spain 1:30:31 45. Kazimir, Slovakia 1:30:57 46. Steve Partington, Breat Britian 1:31:41 47. Julio Urias, Guatamala 1:31:42 48. Jani Lehtinen, Finland 1:31:42 49. Antonio Pereira, Port. 1:31;57 50. Chunhu, China 1:32:02 51. Sean Albert, US (22;00, 44:56, 1;08:39) 52. Nenad Filipovic, Yugoslavia 1:32:10 53. Erik Tysse, Norway 1:32:12 54. Predrag Filipovic, Yug. 1:32:41 55. Sebastian Caudron, France 1:33:08 56. Rustam Kuvatov, Kas. 1;33:24 58. Radovan Elko, Slovakiaia 1:33:59 59. Sandor Urbanik, Hung. 1:34:41 60. Arturo Huerta, Canada 1:34:57....67. Theron Kissinger, USA 1:37:03 (24:04, 48:24, 1:12:42)...74. Matt Boyles, USA 1;39:02 (23:59, 48:24, 1:12:47)...76. Gordon Mosher, Canada 1:43:35. 87 finishers, 13 DNF (including John Nunn, USA 22:37, 47:58 and Viktor Burayev, Russia 20:22, 40:58–in sixth), 11 DQs (including Roman Rasskazov, Russia, Claudio Vargas, Omar Segura, and Cristian Berdeja, Mex, and Jean-Sebastien Beurcage, Canada) Team Scores: 1. Russia 22 2. Belaraus 28 3. Italy 34 4. Ecuador 61 5. China 63 6. Spain 82 7. Portugal 82 8. Slavakia 91 9. Czech Republic 99 10. Germany 127 11. Poland 147 12. United States 149 13. Hungary 157 14. Norway 159 15. Great Britain 175 16. France 175 17. Iran 235 18. Switzerland 239 19. Chana 258

Men's 50 Km: 1. Aleksey Voyevodin, Russia 3:40:59 (44:38, 1:28:35, 2:12:30, 2:56:28) 2. German Skurygin, Russia 3:42:08 (45:10, 1:19;35, 2:13:24, 2:57:38) 3. Tomasz Lipiec, Poland 3:45;37 (45:35, 1:30:00, 2:14:29, 2:59:02) 4. Nikolay Matyukhin, Russia 3:47:06 (45:35, 1:30:00, 2:14:28, 3:00:01) 5. Yudin Stepan, Russia 3:51:03 (45;37, 1:30:01, 1:15:46, 3:04:57) 6. Danis Langlois, France 3:51:32 (45:27, 1:32:59, 2:19:09, 3:04:55) 7. Sergey Korepanov. Kazakhstan 3:52:20 (46:05, 1:31:13, 2:16:64, 3:04:17) 8. Peter Tichy, Slovakia 3:52:36 (46:24, 1:33:00, 2:19:20, 3;06:05) 9. Francisco Pinardo, Spain 3:52:51 ((47:00, 1:33:34, 2:19:17, 3:05:01) 10. Modris Liepins, Latvia 3:53:49 (46:05, 1:31:12, 2:18:18, 3:04:55) 11. Miguel Rodriguez, Mexico 3:54:26 (46;06, 1:31:12, 2:16:27, 3:03:31) 12. Roman Magdziarczyk, Poland 3:55:26 (46:27, 1:33:00, 2:19:11, 3:06:10) 13. Phlip Dunn, USA 3:56:13 (46:30, 1:33:00, 2:19:13, 3:06:29) 14. Milos Holusa, Czech Rep. 3:56:30 (46:25, 1:33:00, 2:19:21, 3:06:41) 15. Liam Murphy, Australia 3:56:45 (47:48, 1:35:00, 2:21:59, 3;08:13) 16. Yinhang Wang, CHina 3:57:00 17. Vladimir Potemin, Russia 3;57:18 18. Viktor Ginko, Belarus 3:57:31 19. Luis Garacia, Guatamala 3:58:44 20. Fredrik Svensson, Sweden 3:59:16 21. Alessandro Mistretta. Italy 22. Eddy Riva, France 4:00:58 23. Bengt Bengtsson, Sweden 4:01:00 24. Yoshimi Hara, Japan 4;01:49 25. Diego Cafagna, Italy 4:02:30 26. Hongye Ma, China 4:03:37 27. Daugyinas Zujus, Lithuiania 4:04:54 28. Yeoryios Aryiorpoulos, Greece 4;05:25 29. Luke Adams, Australia 4:07:08 30. Juna Porras, Spain 4:07:29 31. Pascal Servanty, France 4:07:46 32. Pedro Martins. Portugal 4:08:13 33. Fumio Imamura, Japan 4:09:06 34. Zoltan Czukor, Hungary 4:09:15 35. Ugis Bruvelis, Latvia 4:10:10 36. Zinli Mao, China 4:11:47 37. Duane Cousins, Australia 4:12:19 38. Darren Bown, Australia 4:12:21 3. Patrick Ennemoser, Italy 4:12:35 40. Hugo Lopez, Guat. 4:14:28 41. Luis Gil, Port. 4:16;19 42. Marek Janek, Slovakia 4:16:55 43. Attila Fulop, Hungary 4:17:57 44. Ken Akashi, Japan 4:17:59 45. Goncalo Fonseca, Port. 4:18:22 46. Maik Berger, Germany 4:19:53 47. Frank Bertei, Ausralia 4:20:26 48. Jose Magalhaes, Port. 4:21:33 49. Denis Franke, Germany 4:21:53 50. Birger Falt, Sweden 4:22:04. . . . 59. John Souchek, USA 4:48:02 (56:39, 1:52:21, 3:47:57, 3:45:51). 59 finishers, 16 DNFs (including Curt Clausen-45:36, 1:37:10, Tim Seaman-47:48, 1:34:59, 2:24:57), Edgar Hernandez and Omar Zepeda, Mexico, Ivano Brugnetti and Francesco Galdenzi, Italy. 17 DQs (including Steve Quirke, USA-55:10), Jesus Garacia and Mario Avellanded, Spain, Rogelia and German Sanchez, Mexico. Team Score: 1. Russia 7 2. France 59 3. China 78 4. Australia 81 5. Italy 85 6. Sweden 93 7. Latvia 101 8. Japan 101 9. Portugal 118 10. Belarus 125 11. Hungary 135 12. Lothuiania 136 13. Germany 146. Russia and Australia were the only teams to finish all five in a race of great attrition.

Dunn Captures 2 Hour Title

Long Island, Sept. 29--The U.S. World Cup team warmed up for that appearance at the USATF National 1 and 2 Hour race and Philip Dunn walked off with the title. Dropping Curt Clausen with 11 Km to go, Dunn cruised through 26m815 meters in the 2 hours. Clausen was 160 meters back and 240 yards ahed of Kevin Eastler, who captured third. Tim Seaman was a distant fourth, still feeling the effects of an antiobiotic he was taking for an ear infection.

Dunn and Clausen were together at 10 Km in 44:27 and at 15 in 1:06:44. When Dunn passed 20 in 1:29:14, he had 11 seconds on Clausen and nearly a minute on Eastler. Dunn extended his lead to 35 seconds at 25 Km (1:51:37) and it was clear sailing from there. Clausen was still recovering from a hamstring injury a couple of weeks earlier and was unable to match Dunn's pace without hurting himself further

Susan Armenta won the women's 1 Hour race going 12,195 meters, nearly a kilometer ahead of second place Cheryl Rellinger. Nick Bdera led the Men's Masters 1 Hour with 11,495 meters and Maracia Gutsche led the women masters with 11,070. The results.

Men's 2 Hour-1. Philip Dunn 26,815 meters 2. Curt Clausen 26,655 3. Kevin Eastler 26,415 4. Tim Seaman 24,612 5. Theron Kissinger 23,899 6. John Soucheck 22,925 7. Bill Vayo 20,400 DQ-Erik Litt (John Nunn and Sean Albert walked exhibition for 1 Hour going 13,482 and 13,321, respectively.)

Women's 1 Hour--1. Susan Armenta 12,195 2. Cheryl Rellinger 11,236 3. Erin Taylor 10,611 4. Loretta Schuelein 10,584 5. Laura Feller 10,572 6. Jennifer Marlborough 9455 Masters: 40-44-1. Marcia Gutsche 11,070 2. Dorit Attias 10,291 3. Eileen Druckenmiller 8907 45-49-1. Pat Motschwiller 9337 50-54--1. Sherry Brosnahan 9711 22. Joan Venslavsky 8924 Masters Men: 40-44-1. Wilson Crone 9740 2. Michael Piplani 9607 3. Stephen McCullough 9007 50-54--1. Nick Bdera 11,495 2. Tom Quattrocchi 9953 55-59--1. Jack Lach 10,585 2. Gary Null 10,092 3. Lon Wilson 9692 60-64--1. Seth Kaminsky 9564 2. Patrick Bivona 9070 65-69--1. Paul Johnson 10,676 2. JimMcGrath 9926 3. Bob Barrett 9827 4. John Shilling 8544 70-74--1. Jack Statt 9946 2. Jake Jacobson 8561 80-84--1. Tim Dyas 7407

Other Results

East Regional 30 Km, New York City, Oct. 13-1. Jose Duce 2:39:50 (54:00, 1:46:55) 2. Vlado Haluska (50) 2:51:53 (56:29, 1:43:17) 3. Cheryl Rellinger 2:57:31 (59:24, 1:58:33) 4. Erik Litt 3:02:26 5. Erin Taylor 3:02:24 6. Loretta Schuellein 3;07:32 7. David Wolf (43) 3:15:41 8. Gary Null (57) 3;18:26 9. Lon Wilson (55) 3:20:56 10. Jon Qalam (51) 3:37:05 11. Jack Starr (74) 3:38:24 12. Pat Bivona (61) 3:38:37 (24 finishers, 8 DNF, 10 DQs East Regional 5 Km, Saratoga Springs, N.Y., Oct. 20-1. Allen James 22:18.2 2. Jose Duce 22:34 3. Bill Vayo 24:26 4. Cheryl Rellinger 26:23 5. Laura Feller 26:42 6. Wilson Crone 28:38 7. Jim McGrath (65) 29:22 8. Michael Piplani 29:37 3 Km, Alexandria, Vir., Aug. 31-1. Virginia Inglese (41) 17:38 Men-1. Jim Wass (50) 17:22 2. Bob Fine (71) 19:42 5 Km, same place-1. Judy Witt (53) 30:11 Men-1. Victor Litwinski (58) 31:26 2. Bob Fine 33:24 5 Km, Altamonte Springs, Fla., Sept. 21--1. Marcel Raphael (16) 29:53 2. Ray Jenkins 32:59 Women--1. Lisa Sonntag 28:08 2. Sandra DeNoon (40+) 31:49 5 Miles, Orlando, Fla., Oct. 6--1. Don DeNoon 45:04 2. John Fredericks 48:27 (both 50+) Women--1. Lisa Sonntag 43:37 2. Sandra DeNoon 52:47 National Masters 20 Km, Coconut Creek, Fla., Oct. 20: Men's 40-44--1. Rod Craig 1:49:08 2. Steve Renard 2:01:50 Men 45-49--1. Mike Felling 1:58:15 Men 50-54--1. John Fredericks 2:05:49 Men 55-59-1. Leon Jasionowski 1:52:15 2. Richard McGuire 1:57:45 3. Daniel Koch 2:21:27 Men 60-64--1. Bernie Finch 2;36:42 Men 65-59--1. Paul Johnson 2;03:21 2. Bob Cella 2:07:03 3. Neal Donahue 2:27:26 Men 70-74--1. Alfred Dubois 2:03:21 2. Bob Fine 2:22:51 3. Georg Solis 2:52:07 Men 75-79--1. Bob Mimm 3:38:04 (correct?) Women 30-

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34--1. Sarah Perry 2:02:44 Women 35-39--1. Kelly O'Neil 2:19:24 Women 45-49--1. Debbie Topham 2:11:21 Women 50-54--1. Marianne Martino 2:04:32 2. Sherry Brosnahan 2:08:32 3. Joan Venslavsky 2:31:33 4. Cathy Mayfield 2:38:04 Women 60-64--1. Janet Higbie 2:19:26 Women 65-59-1. Joanne Elliot 2:25:59 Women's 10 Km, same place-1. Marci Gutsche 59:10 Carolyn Kealty 62:20
 Linda Stein 64:57
 Hour, Royal Oak, Mich., Sept. 29-1. Dan O'Brien 12,083 meters 2. Rod Craig (44) 12,070 3. Leon Jasionowski (57) 11,456 4. Bill Reed (49) 11,057 5. Ken Lampar (44) 10,223 (9 finishers) Women-1. Debbie Topham (49) 10,055 2. Lynette Heinlein (46) 9729 3. Mary Franklin (40) 9321 4. Walda Tichy (62) 9213 5. Raina Korbakis 8999 (10 finishers) 5 KM, Denver, Sept. 11-1. Mike Blanchard (41) 28:01 2. Jerry Davis 30:54 5 Km, Denver, Sept. 15-1. Jerry Davis 28:50 2. Albert Sena (52) 31:00 3. Barbara Amador (53) 31:41 4. Neil Horton (61)31:49 Another 5 Km. Denver, Sept. 15-1. Mike Blanchard 29:08 2. Daryl Meyers (59) 30:18 3. Lorie Rupoli (51) 30:40 4. Nancy Hardesty (51) 30:58 (both races had large fields and there were two more 5 Km races in the Denver area that day, with good fields but no times worth reporting. They have a whole lot of participation in Denver.) 5 Km, Denver, Sept. 22--1. Mike Blanchard 28:20 2. Daryl Meyers 29:09 3. Lorie Rupoli 31:58 4. Peter Cukale (51) 32:50 1 Hour, Denver, Sept. 29-1. Mike Blanchard 10,537 meters 2. Marianne Martino (52) 9671 3. Carolyn Fleck 9205 4. Sherrie Gossert (50) 9172 (11 finishers) 3 Km, Albuquerque, July 7-1. Karen Jeffery (40+) 18:12.2 Men-1. Greg Jochems (45+) 18:15.2 5 Km, Albuquerque, Sept. 1--1. Art Ortega 29:59 2. Peter Armstrogn (57) 30:18 3. Gregory Jochems (46) 30:33 4. Don Knight (55) 31:33 Women-1. Teresa Aragon (41) 28:04 2. Karen Jefery (43) 29:54 3. Laura Draelos (40) 30:08 4. Armanda Ortega (18) 33:10 4 Miles, Larkspur, Cal., Sept. 14--1. Jack Bray 32:20 2. S. Desmond Canning 32:21 3. Doris Cassels 43:22 1 Hour, Kentfield, Cal., Sept. 29-1. Kevin Killingsworth 10,571 2. James Beckett 99783 3. Stu Kinney 9074 4. Doris Cassels 9020 5. Shirley Dockstader 8999 6. Ann Lee 8818 (14 finishers) Martahon, Portland, Ore., Oct. 6-1. Doug Johnson 4:24:29 2. Ronald Babcock 4:2;9:53 3. Nicolle Goldman 4:52:17 (9 finishers) State Games of Oregon, July 14: 3 Km-1. Rob Frank (45+) and Pat Detloff (50+) 15:33.41 3. Ed Kousky (60+) 17:00 4. George Opsahl (60+) 17:01 5. Ron MacPike (65+) 19:18 Women--1. Carmen Jackisky 16:31.86 2. M. Jenkens 19:01 3.Lorie Nakasone 19:18 4. Maria Kozo 19:25 5 Km--1. Detloff 25:43.20 2. Frank 26:33 McPike 32:49 Women--1. Jenkens 33:15.38 2. Kozo 34:16 3. Nakasone 34:23

From Other Lands

10 Km, Mexico City, Oct. 20-1. Alejandro Lopez 40:17 2. Claudio Vargas 41:03 3. Rogelio Sanchez 41:58 4. Rodrigo Flores 42:18 5. Daniel Farfan 42:24 Asian Games 20 Km, Pusan, South Korea, Oct. 7--1. Valeriy Borissov, Kazakhstan 1:24:50 2. Yu. China 1:24:23 3. Satoshi Yanagisawa, Japan 1:25:33 Women-1. Quinqing Wang, China 1:33:40 2. Svetland Tolstaya, Kaz. 1:33:59 20 Km, Accra, Ghana, Sept. 21-1. Ahmed Tijani 1:32:23 2. Muda Musah 1:33:56 3. Vincent Asumang 1:34:40 4. Eric Ampadu 1:35:10 5. Suro Iddrissu 1:35:46 6. Benjamin Anna 1:36:01 7. Prince Frempong 1:36:38 50 Km, same place--1. Ahmed Ali 4:30:26 2. Yaw Fordjour 4:32:40 3. Stanley Braimah 4:32:41 4. Anthony Adjei 4:32:48 5. Andrews Asante 4:34:10 6. Albert Kesse 4:34:22 7. John Segbe 4:36:11 8. Jeandy Kwofie 4:39:23 9. Thomas Quaicoe 4:39:23 Brazilian National 20 Km, , Sept. 29-1. Sergio Vieira Galdino 1:25:06 2. Jose Bagio 1:25:26 3. Rafael Duarte 1:28:35 4. Luiz dos Santos 1:36:53 Women--1. Gianetti Bonfim 1:43:53 2. Tania Spindler 1:44:03 3. Alessandra Picagevixz 1:47:13 15 Km, Prato, Italy, Sept. 1-1. Marco Giungi 59:13 2. Ivano Brugnetti 59:19 3. Loreno Civallero 62:04 4. Giovanni DeBenedictis 62:31 5. Enrico Lang 62:47 6. Alfio Corsaro 53:23 7. Pasquale Sabino 63:28 8. Andrea Manfridini 64:09 9. Francisco Galdenzi 64:38 10. Diego Cafagna 64:51 11. Michelle Didoni 64:52 Women's 15 Km, Pratok, Italy, Aug. 31-1. Erica Alfridi 1:07:53 2.

Elisabetta Perrone 1:07:54 3. Elisa Rigaudo 1:08:19 4. Gisella Orsini 1:09:47 Jr. Women's 10 Km, same place-1. Sibilla DiVincenzo 48:48 2. Valentina Garofalo 50:35 3. Marata Marcolini 51:03 World Masters, Melbourne, Australia: Women's 5 Km, Oct. 10: Age 30-59-1. Lyn Ventirs (46), Aust. 24:09.44 2. Kylie Bonney (30), Aus. 25:28 3. Heather Carr (53), Aust. 26:37 4. Nardene Loveday (30), Aust. 27:18 5. Larissa Chneider (41), Russia 27:33 6. Robin King (44), Aust. 27:41 (29 of 31 finishers were from Austrlia, the other two from New Zealand; apparently few chose to make the trip down-under. And do they say up-over when they come to our hemisphere?) Age 60 and up-1. Brenda Riley (62), Aust. 28:15.66 2. Beverly Edmunds (62), Aust. 32:13 3. Jean Albury (73), Aust. 32:37. . . 19. Winnie Perdue (64), USA 41:37(23 finishers, 19 Australian) Men's 5 Km, Oct. 10: Age 35-54-1. Volodymyr Tokarev, Ukraine 22:59 2. Vladimir Barabash (46) Russia 23:00 3. Mark Donahoo (44) Aust. 23:02 4. Jose Rial Asorewy (38), Russia 23:44 5. Gary Morgan (42), USA 23:51 6. Ross Reid (48), Aust. 23:54 (25) finishers, the rest all from Australia) 55-74-1. Andrew Jamieson (56), Aust. 23:39.78 2. Gary Little (60), New Zealand 23:45 3. Willi Sawall (60), Aust. 25:15 4. Milan Pivonka (59), Czech Rep. 25:36 5. George Opsahl (6), USA 28:27 6. Eric Hall (70), England 29:47. . . 23. Bhagsingh Sidhu (73), USA 37:55 (29 finishers, all but one of the rest from Australia) Women's 10 Km, Oct. 14: 30-49-1. Lyn Ventris, Aust. 50:46 2. Kylie Bonney, Aust. 56:123 3. Amanda Emmett, Aust. 59:27 4. Nardene Loveday, Aust. 59:32 5. Annette Major, ASust 59:47 6. Larissa Chneider, Russia 60:16...15. Ginger Armstrong, USA 67:29 (16 finishers, 13 from Australia) 50 and up-1. Heather Carr, Aust. 55:31 2. Brenda Riley, Aust. 58:00 3. Maralene Gourlay, Aust. 58:53 4. Elizabeht Feldman, Aust. 62:17 (9 finishers, all Australian) Men's 10 Km, Oct. 14-1. Ross Reid (48), Aust. 50:54 2. Jose Asorey Rial (38), Russia 50:54 3. Willi Sawall (60), Aust. 4. Tim Erickson (52), Aust. 53:09 5. Andrew Cochrane (47), Aust 54:45 6. John Stenhouse (51), Aust. 57:05 7. Kevein Cassidy (42), Aust. 57:52 8. Trevor Mayhew (56), Aust. 59:52 9. Sturart Cooper (52), Aust. 61:15 10. Harold Boddy (47), Aust. 62:04. . . 13. Eric Hall (70, Eng. 64:18. . .15. Colin Hainsworth (73), Aust. 65:08. . .18. Vratislave Dubjak (75), Czech Rep. 66:35 (34 finishers, the rest all Australian) Men's 20 Km, Oct. 14-1. Mark Donahoo (44) Australia 1:39:58 2. Andrew Jamieson (56), Aust. 1:41:56 3. Vladimir Barabash (46), Russia 1:43:17 4. Voldomyr Tokarev (46) Ukraine 1:44:08 5. Gary Little (60), NZ 1:46:40 6. Gary Morgan (42), USA 1:47:34 7. Mark Thomas (40), Aust. 1:49:05 8. Johan Siegele (54), Austria 1:49:30 9. John Bunker (52), Aust. 1:52:28 10. Keith Knox (51), Aust. 1:52:28. ... 112. Robin Whyte (60, Aust. 1:59:27 13. George Opsahl (61), USA 2:00:50...15. Kenneth Walters (70), Aust. 2:09:30...16. AQlois Balcarik (75) Czech Rep. 2:16:20. . . 25. Bhagsingh Sidhu (73), USA 2:31:17 (25 finishers)

First a Heel, Then a Toe, and a Racing, You Will Go

Sun. Nov. 3	1 Hour, Alexandria, Vir., 9 am (O)
	10 Mile, Denver, 9 am (H)
	5 Km, Kentfield, Cal. (P)
Sat. Nov. 9	100 Miles, El Cajon, Cal. (F)
	2.8 Miles, Seattle, 9 am (C)
Sun. Nov. 10	East Regional 50Km, Hauppage, N.Y. (K)
	1 Hour, Kentfield, Cal. (P)
	20 Km, Mountain View, Cal. (B)
	5 Km, Clarksburg, Cal.(E)
Sat. Nov. 16	20 Km, San Francisco area (B)
	Paris Mountain 1 Hour, Greenville, S.C., 9 am (U)
Sun. Nov. 17	1 Hour, Red Bank, N.J., 10 am (A)

	5 Km, Denver, 9:30 am (H)
Sat. Nov. 23	5 and 10 Km, D.C. area, 8 am (O)
Sun. Nov. 24	l Hour, Kentfield, Cal. (P)
Thur. Nov. 28	4 Mile, Denver (H)
Sun. Dec. 1	4.4 Miles, Denver, 9 am (H)
Sun. Dec. 8	5 Km, Denver, 10 am (H)
Sat. Dec. 14	South Regional 5 Km, Houston (L)
	2.8 Miles, Seattle, 9 am (C)
Sun. Dec. 15	1 Hour, Red Bank, N.J., 10 am (A)
Sat. Dec. 21	5 and 10 Km, D.C. area, 8 am (O)
	1500 meters and 5 Km, Pharr, Texas, 8 am (I)
Sun. Dec. 22	1 Hour, Red Bank, N.J., 10 am (A)
Sun. Dec. 29	Polar Bear 10 Mile, Asbury Park, N.J. (A)
	Marathon and Half-Marathon, Mobile, Alabama (T)
Sun., Jan.5	South Region 50 Km, Houston (L)
Sun., Jan. 12	South Region 10 Km, Mobile, Alabama (V)
Sun. Jan. 19	10 Miles and 5 Km, Los Angeles (Y)

5 Km Denver 0:20 am (LD)

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FROM HEEL TO TOE

Young finally in. In an honor long overdue, Larry Young finally joined Ron Laird and Henry Laskau as the only racewalkers in the U.S. Track and Field Hall of Fame. He was named to the 2002 Class along with pole vaulter Earl Bell, miler Steve Scott, and sprinter Gwen Torrance. Their induction brings to 192 the number of athletes and coaches enshrined in the Hall. Just as with Laird and Laskau it took a few years as a nominee before Larry was finally voted in, but, as it turns out, its a good year for him to make it. The induction willbe on Dec. 6 at the Hyatt Regency Crown Center in Kansas City, not too far across I-70 from his Columbia, Missouri home. Larry won bronze medals in the 50 Km walk at both the 1968 (Mexico City) and 1972 (Munich) Olympics. He won the National 50 eight times in eight tries and his total of 25 National titles is exceeded only by Laird and Laskau. At the Munich Olympics, he also took 10th in the 20 Km walk. He won the Pan American Games 50 in both 1967 and 1971 and was 13th in the World Cup 50 in 1977. Since retiring from racewalking after that race, he has been a full-time artist and has placed more than 50 monumental outdoor sculptures both in the U.S. and abroad. Larry Young Sculpture is a 6,000 square foot foundry in COlumbia where he creates and produces most of his work. Identification. Last month, we ran a picture taken during the 1932 Olympic 50 Km walk and asked if anyone could identify any of the contestants. Roger Burrows, Canada's racewalking guru, has taken up the challenge and offer the following. No. 98 at the front is the eventual winner, Tommy Green of Great Britain. Green was 38 at the time. He had been a sickly child and was badly gassed in World War I. He took up racewaslking later in life and wound up with the Olympic gold. No. 268, to his left, is Italy's Ugo Frigerio, the bronze medalist. Frigerio won Olympic gold at both 3 and 10 Km in 1920 and at 10 Km in 1924. No. 65 to Green's right, is Canada's Henry Cieman, who didn't finish. Janis Dalins of Latvia, the silver medalist, is seen over Green's left shoulder. Green won in 4:50:10, Dalnins had 4:57:20, and Frigerio 4:59:06. Ernie Crosbie finished eight for the U.S. in 5:28:02. The bunched field suggests the picture was taken quite early in the race.

Commentary

Way back in the March and April issues we ran a lengthy article by Gary Westerfield entitled "Biomechanics for the Racewalk Judge". (I was surprised it was that long ago when I searched back to find the article. Time does indeed fly for we oldsters.) There was little comment from readers at the time. Now, Bob Bowman writes that he is just getting around to responding to that article and does so now because he sees significant problems with the paper. It's only fair that we air those concerns. So, if you have a file of ORWs, you might want to look back to refresh you memory as you read Bob's critique, which follows:

In the Introduction, the author states that walkers must comply with three rules. Actually there is one definition of racewalking with two parts. The definition was not solely established by the IAAF Racewalking Committee but the IAAF itself. The author further states that judges need to know biomechanics because "without this knowledge, judges may only guess about the competitor's legality." This knowledge certainly could be helpful, but really not necessary to be a good judge. The author also lists the papers goal's, which include to assist judges to apply the rules, increase consistency within judging panels, and assure fair competition for all. It is hard to imagine that this paper's goals have been met since the rules have been incorrectly explained and the biomechanical model incorrectly developed.

In the discussion on the Modern Racewalking Definition, the author makes a number of points. The author discusses the choice of the word "straightened" over the word "straight" in the definition. This discussion is unnecessary since the definition of the word "straightened" appears in the definition of racewalking. "Straightened" means "not bent at the knee". Under the heading of A Time Frame, the author states that "it is within the rules of racewalking to make contact with the leg not straightened, as long as the competitor has begun the process of straightening it at the

first moment of contact". This is not correct. The leg must not be bent at the knee from the moment of first contact.

Under the discussion of The Visible Loss of Contact Rule, the author incorrectly states that double contact is required of the racewalker. However, under the heading Double Contact or Not?, the author correctly reverses his earlier statement and notes that "double contact is no longer required if loss of it can not be seen". Under the heading, Electronic Devices?, the author incorrectly states that "many in the highest circles of sport are calling for radical changes in officiating to bring racewalkers back to constant contact". Few, if any, are proposing this. Under the heading, Chief Judge's New Power, the author asks the question "when is it obvious that a competitor has ceased to comply with the continuous contact provision of the definition of race walking?" Of course, there is no continuous contact provision.

Under the discussion of Forward Motion Without Loss of Contact, the author identifies and explains his understanding of the sources of forward motion. Under the heading Three Sources of Forward Motion, the author states that "there are three primary sources of forward motion" and that "in racewalking all three are used". The author identifies the three sources as a push forward, a fall forward, and a swing forward. This is not an accurate breakdown of the primary sources of forward motion. The push forward is correct, but the other two are not. The author fails to include the other primary source, the pull forward.

Under the heading The "fall" Into Gravity, the author incorrectly states that the walker can "maximize the pull of gravity" by using proper upright body alignment. Of course, gravity is a constant force always present. Obviously, for a walker to leave the ground, the walker must overcome the force of gravity, but gravity is not a primary source of forward motion. The author also states that "with momentum, the direction of that pull of gravity can be changed". This is somewhat misstated in that the pull of gravity is always perpendicular to the ground from the body's center of mass.

Under the heading Momentum, the "Progressive Force", the author states that the lift and forward swing of the advancing leg not only repositions the body, but generates momentum which can be seen as a "progressive" force". The leg swinging forward only meets slight air resistance and hardly generates any significant forward motion.

Under the discussion of Efficient RaceWalking, the author asks "which of the three sources of forward movement is most efficient and smooth; the push, the fall, or lift and swing?" This, of course, ignores the pulling force generated by the lead leg as it makes contact with the ground through the support position. The only other significant force is the pushing force generated by the trailing leg. The resultant force of the push acts in a direction that is forward and upward. The proper use of the arms, hips, stride length, etc., counteract this upward segment and help keep the body's center of mass closer to the ground. The pulling force generated by the lead leg creates a resultant force in the forward direction parallel to the ground. The combination of these two forces determine the forward motion of the walker.

(Ed. This, of course, why technical journals have peer review of articles before publication--so that differences can be ironed out beforehand, or the article rejected. We are not a technical journal--I bet most of you realized that--so we do it this way. Responses to Bob's critique are welcome.)

A Real Walk in the Park for Robert Korzeniowski

by Patrick Merle

(From the IAAF Magazine, Vol 17, No. 3, 2002)

Early morning on August 8, a few hundred spectators made their joyful way to the Section Y of Munich's Olympic Stadium, a tribune located just on the right hand side of the finish line. Wearing read and white t-shirts, waving flags while chanting "Poland forever, the red and white are invincible", they patiently waited for their national hero to enter the arena.

They hardly ever listened to the race's updates or even worried to pay attention to the intermediate times. They rather kept on singing. Some of them surely threw anxious eyes to the entrance of the stadium, near the start of the 100m, but never doubted Robert Korzeniowski would show up, sooner or later, in the lead. He always does.

The 34-year-old Polish walker clinched every major title an athlete can dream of in one's career. Morever, he never finished a championship race outside the top ten. His record only shows a 40th place at the 1989 World Cup, a performance only a few knowledgeable athletics' statisticians would recall.

In Munich, Robert Korzeniowski lived up to this reputation. Yet, this time he also managed to surprise hie spoiled supporters. "Korze", as many nicknamed him, shattered the world's best performance, breaking the tape in 3:36:37 seconds faster than Russia's Valeriy Spitsyn. He hence added another line to his unique golden history book: world best performer. "It's nice wrapping paper," he modestly confessed after his achievement, a smile on his face.

He could easily hang up his running (ed. walking) shoes now as nothing's left to prove for him. He is the Michael Johnson of walking as he once admitted back in 1997.

Journalists are often short of superlatives when they're expected to write a portrait of the reigning Olympic, World, and European champion. And many articles usually turn out to be an apology, this one being no exception. In Northern France, where he's been living and training for more than 10 years, he is quoted as the Zinedine Zidane (Ed.French football hero.) of his discipline. Across the Pyrenees, the press compare him to Miguel Indurain, the first cyclist who ever captured the Tour de France five consecutive times.

In Poland, Robert Korzeniowski stands as the second most famous sportsman behind Adam Nalysz, the 2001 world cup champion in ski jumping. As such, he even had the privilege to be personally congratulated by Pope John Paul II after winning an unmprecedented double 20/50 km at the Olympics in Sydney. No other countries in the world would dare to put a walker on a pedestal, but Korzeniowski has a unique status. He honors his country as ambassador of fair play in the sport at the European Council and intends to run for a position at the International Olympic Committee. He bears no comparisons.

Few, if any, would remember that before being contemplated as a model, Robert Korzeniowski almost never made it to a stadium though. "As a kid, I wasn't allowed to practice sports. I was suffering from repetitive flu and I constantly had fever," he remembers. "Luckily for me, it stopped when we moved to a new house. It went off just as miracle," he explains. Today, he hardly even breaks into a sweat at the end of a race.

Athletics came later and as a second choce. He first registered in a judo class at 14 before approaching a local athletic club in Malopolska. "Back in 1981, the country was almost at war," he recalls, referring to General Jarulezski's declaration of state of war after a Russian threat. "The young kids were not allowed to gather and the judo club was eventually closed, so I stayed with athletics."

His results quickly proved his choice right. One year after finishing third in a regional youth competition, he made sure to take his revenge.

Robert Korzeniowski has since written his name in the sport's history book. More than his victories, his way of preparing for a competition is unique. "Unlike the majority of walkers, he is a professional and that's also why he is successful," Denis Langlois, a French walker who works a metro agent in Paris, said.

One brief chat with the Polish athlete, who fluently speaks French, Spanish, and Russian, is sufficient to understand how he deals with the sport. "I have been a professional for more than

10 year now. I believe that to be a champion, you need to have a system, you need to be backed up by your federation," he explains.

The Polish athletics' governing body therefore lets its protege decide what is best for him. Benefiting from such a privileged situation, Korzeniowski plans everything and has been using the same meticulous winning recipe for a few years now.

Accompanied by his own physiotherapist, he traditionally walks his first miles of the season on home soild-which also gives him an opportunity to visit the sport's shop called "Walker" he opened in Cracovie--he then moves to the Baltic sea near Gdansk before spending over 6 weeks in Tourcoing, in Northern France, a region historically and culturally linked to Poland. There he competes for the local club US Tourcoing, and enjoys quiet walks along the Lys, the river that runs through France and Belgium. He eventually packs his bags and heads down to Puebla in Mexico to put his final touch to his preparation 2150 meters above sea level.

"I really feel like a citizen of the world. I enjoy the African clay, the forest in the evening when the heat dies down. But, I also like the asphalt you can find on the Scandinavian roads or even in Belgium," he admits.

By winning his second European title and setting a world best, Robert Korzeniowski proved in Munich that he is at ease in every city and on every soil despite the presence of those judges who disqualified him a few meters before the finish line of the 50 Km at the Barcelona Olympics.

Draped in the Polish flag, he explained that he had a dream, a premonitory thought, the night before his final. "I was in France, in a walking competition. I dreamt that one Russian walker was on his way to the world best and that I was catching up with him," At the end of the sunny morning, it wasn't a dream, but the sweet reality. The Polish fans had exulted and Robert Korzeniowski could start thinking of his new challenge; retain the Olympic title in Athens for what will be his last competition. Whatever the result be, nothing will alter the fact that he has already entered the sport's Pantheon. (For details on the European Championships and Korzeniowski's race, see the August issue of the ORW.)

LOOKING BACK

40 Years Ago (From the October 1992 American Race Walker, edited by Chris McCarthy)--In the European Championships, Great Britain's Ken Matthews prevailed at 20 Km in 1:35:55, with Germany's Hans-Gerog Reimann (1:36:15) and the USSR's Vladimir Golubnichiy (1:36:38) following. At 50, Italy's Abdon Pamich was an easy winner in 4;18:47, as Grigor Panitschkin, USSR (4:24:36) and Don Thompson, GB (4:29:01) followed. Interestingly, both winners repeated in the 1954 Olympics, and both bronze medalists had won gold ata the 1960 Rome Olympics. . .Alex Oakley won the Canadian 50 Km title in 4:28:51 and two weeks later dropped down to Providence to win the U.S. 25 Km race in 2:03:14. Ron Laird (2:04:44) and John Allen (2:8:08) followed. Chris McCarethy began to show the form that would carry him onto the the 1964 Olympics with a 4:49:22 50 Km effort in Chicago.

35 Years Ago (From the October 1967 ORW)--In the fourth edition of the Lugano Cup (now World Cup), the U.S. fielded a team for the first time and finished sixth among eight teams, just 2 points back of Sweden. Ron Laird finished a close third in the 20 in 1:29:23 behind Soviets Nikolai Smaga and Vladimir Golubnichiy. With Christoph Hohne leading a 1,2,4 finish at 50 Km, the host nation, won the team title over the Soviets. Others on the U.S. team, apparently the first U.S. athletes ever to compete in the German Democratic Republic, were Tom Dooley and Jack Mortland at 20, and Larry Young, Goetz Klopfer, and Jim Clinton at 50. Three-time Olympican Bruce MacDonald was the team manager. . . Laird prepared for the Lugano Cup race with a 1:59:18 in winning the National 25 Km in Seattle. Goetz Klopfer, Bill Ranney, and JIm Lopes took the next three spots to cop the team title for the Athens AC.

OCTOBER 2002 30 Years Ago (From the October 1972 ORW)-Larry Young, fresh from his bronze medal performance at the Munich Olympics, won the National 30 Km in Columbia, Missouri in 2:28:09 with Todd Scully 4 1/2 minues back. Floyd Godwin and Jerry Brown in third and fourth led the Colorado TC to a one point win over the Motor City Striders in the team race. . . Ben Knoppe won the Columbia 100 miler in 22:15:05.

25 Years Ago (From the October 1977 ORW)--Canada's Marcel Jobin was an easy winner of the National 30 Km, again held in Columbia, with a 2:21:03. Augie Hirt was nearly 13 minutes back in second. . Jeanne Bocci won the women's National 15 Km in 1:15:07, with Susan Liers second in 1:16:56. . . Liers later won the National 20 Km in 1:57:59 ahead of Eileen Smith's 2:01:26. 20 Years Ago (From the October 1982 ORW)--Ray Sharp survived a strong finish by Tom Edwards to win the National 40 Km in Monmouth, N.J.. Ray's 3:27:31 left him 46 seconds ahead of Edwards, who gained nearly 5 minutes in the final 10 Km. Randy Mimm was another 3 1/2 minutes back in third, well ahead of Mike Morris. . Ernesto Canto was an easy winner of the Alongi Memorial 20 Km in Detroit with a 1:24:59. His Mexican teammate, Felix Gomez was second in 1:27:23. Tim Lewis edged Ray Sharp for third, with both given a 1:29:11. Alan Price won the Columbia 100 miler for the fifth consecutive time, covering the distance in 19:43:51. Bob Chapin was 40 minutes back in second, with four others finishing uder the 24-hour limit. . A 100 miler in England saw Mick Holmes winning in 17:21:52. In that one, there were 55 under 24 hours!

15 Years Ago (From the October 1987 ORW)-Dan O'Connor won the National 30, held in East Meadow, N.Y.. Dan finished in 2:21:52, leaving another Dan--Pierce--5 minutes 25 seconds behind. Ed O'Rourke followed in third, just 6 seconds ahead of Cliff Mimm. Cliff's father, Bob, had a very impressive 2:55:48 and was the first over-60 competitor to finish. . . A week earlier, Nick Bdera had won the National 40 in Ft. Monmouth, N.J. (he was seventh in the 30). His 3:27:59 put him well clear of Dan Pierce, who finished in 3:29:53, nearly 10 minutes ahead of third placer, Steve Vaitones. . . Carl Schueler scored an impressive win in the ALongi 20 Km, beating Italy's Sandro Bellucci, who had been sixth in the World Championship 50 Km earlier in the year (Carl was 16th in that one with a 3:57:30. Schueler had a 1:26:30 to Bellucci's 1:27:10. Columbia's Amuricio Cortez (1:27:57) was third, ahead of Gary Morgan (1;28:03) and Steve Pecinovsky (1:28:31).

10 Years Ago (From the October 1992 ORW)-Italy's Giovanni Pericelli was an easy winner at the Alongi in 1:23:46. The field was spread out behind him-albert Cruz, Mexico 1:24:42, Jonathan Mattthews 1:25:40, Dorel Firica, Canada 1:26;39, Andrzej Chylinski 1:27:22, and Gary Morgan 1:29:42. The women's 10 went to Mexico's Francisca Martinez in 46:19, followed by Victoria Herazo (46:24) and Sara Standley (47:03). . . Mexicans were dominant in the Pan-Am Cup. Martinex (47:11) and teammate Maria de la Lus Colin (47:27) were one-two in the 10 ahead of Herazo (47:42). They finished one-two-three in the men's 20--Bernardo Segura 1:24:09, Daniel Garcia 1:25:34, and Alberto Cruz 1:28:32-with Honathan Matthews (1:28:58) fifth for the U.S. And they also swept the first three spots at 50--German SAanchez, Miguel Rodriquez, and Carlos Mercenario all in 4:06:21. Andrzey Chylinski and Dave Marchese were seventh and eighth for the U.S. . Nick Bdera scored anothe 40 Km win at Fort Monmouth, this time in 3:37:15. 5 Years Ago (From the October 1997 ORW)-Gary Morgan easily won the National 2 Hour in

Worcester, Mass, covering 24,616 meters to beat 59-year-old Dave Romansky by 2,002 meters. Gretchen-Eastler Fishman won the women's 1 Hour with 11,804 meters, beating 58-year-old Elton Richardson who had 9443. The top woakers stayed away in droves. . At the Alongi Memorial, Jonathan Mathews won a 10 Km race in 43:24, a U.S. masters record, with Gary Morgan second in 44:05. Jon Nunn won a Junior 10 in 44:55 and Emma Carter a women's 5 Km in 24:38. . . The World University Games 20 Km went to Russia's Ilya Markov in 1:25:36 with Mexico's Alejandro Lopez (1:26:00) in second and Italy's Arturo DiMexzza (1:26:12) third. William Van Axen (1:32:59) and Tim Seaman (1:34:41) were 11th and 12th for the U.S. The women's 10 went to Larissa Ramazanova, Belarus in 44:01.